A Guide for Transition Planning

The following questions will help you think about the services and supports your son or daughter will need after leaving the public school system. Please place a check next to the item or items that you would like more information about, or write down any ideas that you want included in your son or daughter’s transition plan.

Postsecondary Education/training – Jobs/Careers

1. What are your son’s/daughter’s strengths?
2. What are your son’s daughter’s needs?
3. Is he/she pursuing an academic program with hope to achieve a regular diploma?
4. Does she/he have study skills – time management skills?
5. In what kind of jobs/careers does your son/daughter seem interested?
6. Does she/he need career planning information?
7. What skill training/professional technical courses do you think your son/daughter needs while in high school to prepare for a future job/career?
8. Is she/her familiar with postsecondary education and training opportunities and the process for applying and enrolling in college?
9. If employment upon completing high school is the desired option, might your son/daughter need help with job training for the job, help in finding employment, support at this employment?
10. When your son/daughter completes high school, our son/daughter would like to participate in:

   - Part time employment
   - Full time employment
   - Community college
   - University
   - Military
   - Job Corps
   - Combination of these – what combination
   - Other

Living Arrangements

1. When completing high school, our son/daughter would like to be living:
   - In our family home (how many years)
   - In a dormitory at a community college or university
   - In an apartment or home with friends
   - In a group home
   - Other, please explain

Continued on Next Page
2. Our son/daughter needs instruction in the following areas:
   - Meal planning
   - Cooking
   - Household management
   - Hygiene/grooming
   - Health/first aid
   - Sex education
   - Safety
   - Transportation
   - Other ________________________________

Resources – Personal and Agency

1. Our son/daughter will have:
   - Earned income
   - Family contributions
   - SSI
   - Insurance
   - Trust fund
   - Financial aid, if enrolled in postsecondary education
   - Medical card
   - Oregon Health Plan
   - Food stamps

2. Has your son/daughter applied for any of the following:
   - Office of Oregon’s Vocational Rehabilitation Services
   - SSI/SSDI
   - Housing Authority (Section V111)
   - DD or Mental Health services
   - Food stamps
   - Medical card
   - Oregon Health Plan
   - Financial Aid

3. What other things are important to consider in planning for the transition from high school:
   - Recreation/leisure opportunities
   - Friends
   - Alcohol and Drug support programs
   - Other ________________________________