SELF AWARENESS

1. Zack Matere, “Growing Knowledge”. Inspirational, on using the computer and sharing the internet as a source of valuable knowledge for self, and to help others
   http://www.youtube.com/watch?v=OE63BYWdqC4&NR=1 2 minutes

2. Jack Canfield, ”Positive Thinking for Self Esteem”. Obstacles can be opportunities.
   http://www.youtube.com/watch?v=j7hBoa75YRs&feature=related 1:18 minutes

3. Jack Canfield, “Successful Planning”. Importance of planning the day the night before.
   http://www.youtube.com/watch?v=1FKApe9tvHw&NR=1 1:05 minutes

MULTIPLE INTELLIGENCE

1. Amy Whittle, A Movie About Multiple Intelligence 5:11
   http://www.youtube.com/watch?v=2stVs4mjbsU&feature=related

2. The Simpsons, 2008, Multiple Intelligence 6:14
   http://www.youtube.com/watch?v=xMZ9YRnJJWE

3. Song About Multiple Intelligences, 5:31 http://www.youtube.com/watch?v=2FucqOpfVM&NR=1

4. Multiple Intelligence Song “So Many Ways”
   http://www.youtube.com/watch?v=RmW_3ZhQZpc&NR=1

5. Learning Styles: Student Success Center, 2:56
   http://www.youtube.com/watch?v=ooqvgcY5VKU

HOPES & DREAMS


2. *** Will Smith, “Your Words & Thoughts Have Physical Power” Will Smith shares his ideas on what motivates and inspires him to live happily and successfully.
   http://www.youtube.com/watch?v=pfWG0Lj1JCM&feature=related 9:57 minutes

   http://www.youtube.com/watch?v=D36x15njp88&feature=related 5:50 minutes
INSPIRATION, MOTIVATION

1. Simon Webbe, “20 Words That Can Change Your Life”. Visual overlaid with some thoughts on change and being inspired to change.  
   http://www.youtube.com/watch?v=PLZxJZ70MQ4&feature=related  4:29 minutes

2. Al Pacino, “Inspirational Speech” from Any Given Sunday. The inches we need…on teamwork  
   http://www.youtube.com/watch?v=WO4tlrjBDkk&feature=related  4:41 minutes

   http://www.youtube.com/watch?v=rib0TU2hkxA&feature=relmfu  19:02 minutes

4. Lead Out Loud, “Be Unsinkable”. Good visuals with music and words overlaid on the theme of being unsinkable when challenged.  
   http://www.youtube.com/watch?v=1UePW8hMD3w&feature=related  2:31 minutes

5. Rocky Balboa’s inspirational speech to his son.  
   http://www.youtube.com/watch?v=_Z5OookwOoY&NR=1&feature=fvwp  3:20 minutes

6. *** “I’m Show You How Great I Am” Be great, be powerful beyond measure. Video clips brought together with music and audio. Entire script to the video could be used as basis of discussion or writing later.  
   http://www.youtube.com/watch?v=OSYtQy9EqTA&feature=related  4:19 minutes

   http://www.youtube.com/watch?v=1kGmj9Qhzg&feature=related  2:15 minutes

8. *** 60 Minutes CBS “The Player: NFL Super Agent Drew Rosenhaus”,  
   http://www.cbsnews.com/8301-504803_162-2011747410391709.html?tag=cbsnewsMainColumnArea.3  14:07 minutes

GOAL SETTING

1. Teachertube MS, “If It’s To Be, It’s Up To Me!” Song/Music  
   http://www.youtube.com/watch?v=uThBb3kGf4k&feature=related  3:49 minutes

   http://www.youtube.com/watch?v=3y0Jja52B2o&feature=related  2:29 minutes

3. Jack Canfield, “Setting Career Goals”. Determining the right niche for you that may be fulfilling.  
   http://www.youtube.com/watch?v=8_GlwPYDNNQ&feature=related  1:22 minutes

4. Jack Canfield, “First Step to Achieve Your Dreams”. Complaining and blaming others are topics.  
   http://www.youtube.com/watch?v=n3rmiqyM79E&feature=related  3:11 minutes


8. Jeffrey Gitomer, “Kick Your Own Ass”. Your attitude impacts every single thing that you do. Start out by being the best you can be for yourself. http://www.youtube.com/watch?v=fswlLUl73xI&feature=related 2:51 minutes


10. Jeffrey Gitomer, “How Important is Being Friendly”. Friendly is internal, your desire to be nice all the time. http://www.youtube.com/watch?v=LPzMEiw5XyM&feature=related 4:35 minutes


14. Sunny James, “Fulfilling Your Dreams”. On positive attitude. Throw away “I can’t” http://www.youtube.com/watch?v=4pY3ORwp6Lg&feature=relmfu_in_order&list=UL 1:45 minutes


**FAILURE**

1. ***Canfield, Jack. “Getting Over Failure”,*** Canfield tells us that we have to stop blaming and making excuses and ask what our part was in the problem. 1:19 minutes
   http://www.youtube.com/watch?v=ejyD3_gBhYw&NR=1

**SOCIAL SKILLS**

1. “Manners For the Real World: Basic Social Skills”, short vignettes demonstrate several key skills. http://www.youtube.com/watch?v=qjISa-u8KU 1:31 minutes
2. “Social Etiquette: How to Introduce Yourself”, http://www.youtube.com/watch?v=Ug_mM46577w&feature=related 1:15 minutes
3. “How To Not Suck at Socializing”. 5 basic, practical points to remember.
   http://www.youtube.com/watch?v=2koQDCxyl6g&feature=related 3:56 minutes
4. Right Choices Project, “Teach the Secret! Social Skills for Success, Conflict Resolution, Anti-Bullying”. We have our own personal GPS, the frontal cortex. There are 10 secret skills. Lots of practice… http://www.youtube.com/watch?v=MTm6yCJVJtA 6:15 minutes
5. Momo, “How To Improve Your Social Skills”, a chatty guy with a hat and earrings who relates to teens! http://www.youtube.com/watch?v=M-ozx7zUFB8&feature=related 7:02 minutes
6. Momo, “Help! I Need Social Skills”, Momo starts by reading the letter sent to him that contains a problem which he speaks to during the video.
   http://www.youtube.com/watch?v=POqxB3ScLEY&feature=relmfu 4:40 minutes
   http://www.youtube.com/watch?v=qUGrQx2z-k4&feature=relmfu 5:04 minutes
   http://www.youtube.com/watch?v=sYW2kA1nNE4&feature=relmfu 7:31 minutes
9. Momo, “Trapped Inside the Box”.
   http://www.youtube.com/watch?v=ODFPv5o4j30&feature=relmfu 18:56 minutes
10. Jeffrey Gitomer, “How Important is Being Friendly”. Friendly is internal, your desire to be nice all the time. http://www.youtube.com/watch?v=LPzMEiw5XyM&feature=relmfu 4:35 minutes

**SELF ADVOCACY**

1. “Home Alone” http://www.youtube.com/watch?v=KN0VbyV-uWE 2:26 minutes. How staying home alone for several days is a challenge, but by using self-advocacy skills, a success!

**DISABILITY**

   http://www.youtube.com/watch?v=IN05UfmlAh4&feature=related 1:02 minutes
   http://www.youtube.com/watch?v=0fvKp7voPkg&NR=1
5. “Physical Disability”, five young people share different physical disabilities
   http://www.youtube.com/watch?v=b6tnclTPVgw&NR=1 1:57
http://www.youtube.com/watch?v=ueycl2CU1Ok&feature=related  6:39 minutes
7. “Adaptive Nicole”. As a paraplegic, she demos her car and wheelchair and how they have been adapted.  
http://www.youtube.com/watch?v=5agAdjsC9x0&feature=related  9:26 minutes
8. “Learning Difficulties Awareness”. Famous people with learning difficulties are pictured.  
http://www.youtube.com/watch?v=9PoX3afiKx0&feature=fvwrel  3:29 minutes
http://www.youtube.com/watch?v=NUQDozx7aug&feature=related  9:37 minutes
10. “Self-Determination Youth Credo”. Check the website: www.imdetermined.org A variety of students with disabilities state one thought from the Youth Credo.  
http://www.youtube.com/watch?v=wrNy_2ljVdo&feature=related  3:40 minutes

CAREER OPTIONS

“Rambling” kills interviews. Practice, practice!  
http://www.youtube.com/watch?v=JYqI0mAp2AY&feature=related  2:18 minutes
2. “Job Interviews & Offers: How to Properly Introduce Self and Interview”, Handshakes, looks, remember your name, good eye contact, and smile!  
http://www.youtube.com/watch?v=MF89niqaAzw&NR=1  2:00 minutes
3. “Job Interview Boot Camp”, Helpful points for a strong interview.  2:18 minutes
4. Rich Alexander, “10 Things Employers Want From A New Hire”. Communication skills (written and verbal); honesty and integrity; and teamwork are the top 3.  
http://www.youtube.com/watch?v=XGdTtbXizYI&feature=relmfu  2:47 minutes
5. Denham Resources, “Interview Tips: Tell me about yourself…” A good answer gets you a job offer.  
http://www.youtube.com/watch?v=qR-IhZJOq3U&feature=relate  3:15 minutes
6. The Vocational Coach, “Becoming Emotionally Strong”. Striking visuals with music, overlaid with words.  
http://www.youtube.com/watch?v=RBnTAE9eK9M&feature=related  2:41 minutes
7. Rhonda Byrnes, “ME”, with Esther Hicks. You live in a world based upon well-being and perfect balance. You are the only one who creates your reality. There is nothing you cannot do, be or have.  
http://www.youtube.com/watch?v=D4zWBFHCmXM&NR=1  6:56 minutes

COLLEGE PREPARATION

1. Keycollege, “8 Things I Wish I Knew Before College”,  
http://www.youtube.com/watch?v=5wcQGXQEeCQ&feature=related  6:08 minutes
2. Ariel1816, “Tips for Incoming College Freshman”, female student describes what has helped her the most in college.  
http://www.youtube.com/watch?v=Gumd-tRJArc&feature=related  2 specific website addresses are given to help with book costs and professor choices.  6:15 minutes
3. DOITCenter, “Invisible Disabilities and Post Secondary Education”. Students are sometimes seen as lacking intelligence, or faking it. Student needs to self-disclose, have documentation, and seek accommodations. Importance of communicating disability BEFORE classes begin. [http://www.youtube.com/watch?v=SH3vt-XrkEs](http://www.youtube.com/watch?v=SH3vt-XrkEs) 18:46 minutes

4. [www.howcast.com](http://www.howcast.com), University Seminars, a large selection of 49 titles. Short, how-to videos on a variety of topics related to college. Most are about 2 minutes in length.

DEATH & LOSS


2. The Light Beyond, “Do Not Stand At My Grave and Weep.” Quiet music, visuals with a poem overlaid. Made especially for those experiencing grief and loss of a loved one. [http://www.youtube.com/watch?v=wxawiWqf4gA&feature=related](http://www.youtube.com/watch?v=wxawiWqf4gA&feature=related) 4:01 minutes