

# Essay – Always Follow Your Dreams

There were once 2 brothers who lived on the 80th level of a very tall building. On coming home one day, they realized that the elevators were not working. They would have to climb the stairs to their home.

After struggling to the 20th level, panting and tired, they decided to leave their bags and come back for them the next day. They left their bags there and climbed on. When they had struggled to reach the 40th level, the younger brother started to grumble and then both of them began to quarrel. They continued to climb the many stairs, quarreling all the way to the 60th floor.

The 2 brothers then realized that they had only 20 more levels to climb, and decided to stop quarreling and continue climbing the stairs in peace. They silently climbed on and finally reached their home. Each stood calmly before the door and waited for the other to open the door. And then they realized that the key was in their bags which they had left on the 20th floor.

This story is a reflection of our life...many of us live under the expectations of our parents, teachers and friends when we are young. We seldom get to do the things that we really like and love. We are under so much pressure and stress so that by the age of 20, we get tired and we decide to dump this load.

Being free of the stress and pressure, we work enthusiastically and we dream ambitious wishes. But by the time we reach 40 years old, we start to lose our vision and dreams. We begin to feel unsatisfied and we start to complain and criticize. We live life miserably and we are never satisfied. Reaching 60 years old, we realize that we have no energy left for complaining anymore, and so we begin to walk the final stage of our lives in peace and calmness.

We think that there is nothing left to disappoint us, only to realize that we cannot rest in peace because we have an unfulfilled dream ..... a dream we let go of 60 years ago.

So what is your dream? **Follow your dreams**, so that **you will not live with regret at the end**.

For discussion or writing:

1. Think of a time in your life when you had a dream, but for various reasons you cannot fulfill that dream. Identify the dream, then the obstacles or challenges which got in the way of achieving that dream.
2. Is it a good idea to let go of your dream? What can happen if you abandon your dream for the rest of your life?
3. Can dreams be changed or modified? Give an example of a dream that may not have been achievable. Identify what could be achieved, which was very close to the original dream.
4. What is the importance or value of "always following your dreams"?