Never stop believing. Here's a saying that I agree 100% with. Dreaming is the sweetest thing ever, because we can always dream about things we love and hope for. The best way to reach your dreams and hopes is to work to achieve them and to change them to reality. You need to set your goals and ambitions and then try to reach them step by step.

After that, do every little thing that you possibly can to achieve them. If you fall down, just try again and again and always remember that there's no raising without falling a thousand times. Therefore, be decisive about reaching your ambitions and try hard to do that. But on the other hand, life without taking chances is no kind of life at all. For instance imagine yourself living without a point to reach or even a dream to make true... impossible!

This quote relates to my everyday life by letting me know not to ever give up because that means that you can't handle things and you just don't care. In volleyball I always feel like giving up because I feel like I'm not doing my best, and that there are other better people then me. But then when I think back on this quote it's in my head- just there.

Life is sweet when you know how to run it and it's ever sweeter when you work hard and when you reach your goals and dreams. Furthermore, all you have to do is just stand up for something even if you may fall; take that road wherever it may go. I agree for sure that working hard for your dreams is the best way to achieve them. And finally I only have one sentence to write: never, ever lose your passion to dream. When I was little, I was always told don't give keep trying, and I thought of it as it was nothing. And when I think back on it, I should have kept trying.

For discussion or writing:

1. What is important about this quote from the essay: “Life is sweet when you know how to run it and it’s ever sweeter when you work hard and when you reach your goals and dreams.”

2. Explain why you think the writer feels so strongly about this piece of advice: “Never, ever lose your passion to dream.”

3. Effort and trying can mean the same. What is it about the attributes of effort that you like? Do you think you have this attribute? Ask someone else to tell you who knows you well, if you are unsure. Why is effort important to some people, and not to others? Describe someone whom you know who puts in lots of effort on tasks, or challenges. What is the result for that person?