

# Map of Self-Advocacy Unit Lessons

## Lesson A- Self-Advocacy: WHY?

- Teaching Self Advocacy Skills
- ME! Scale for Students
- Reviewing My Self Awareness
- Understanding Self Advocacy
- Self Advocacy Strategies for All Ages (Use for Parent-Home Connector)
- YOU Scale for Parents (Use for Parent-Home Connector)

## Lesson B- Applying Self-Advocacy Skills

- The “Sandwich” Approach to SA Skills
- My Improvement Plan
- Role Plays I for SA Skills Application
- Role Plays II for SA Skills Application
- Self Advocacy Skills for Job Interviews

## Lesson C- 3 Kinds of Communication: Assertive, Aggressive, And Passive

- Assertiveness Inventory
- Assertiveness-What Is It?
- Three Behavior Styles- Which Are You?
- How To Assert Yourself
- Owning Assertive Behavior
- Assertive Practice

## Lesson D- What’s the Law: What Are Your Rights?

- The Law- IDEA Overview and 2004 Highlights of IDEA
- The Law (TI,PI)
- My Rights & Responsibilities
- FACT Sheet- Section 504

## Lesson E- Managing My IEP Meeting Myself

- Pre and Post Test- I’m Determined
- Power Point: Social Skills for IEP Involvement
- What Is Self-Determination?
- Self Determination Checklist- Student Self Assessment
- Self-Determined IEP: Get Ready! Get Set! Now GO!!!
- Important Things in My IE