Lesson A - Self-Advocacy: WHY?
• Teaching Self Advocacy Skills
• ME! Scale for Students
• Reviewing My Self Awareness
• Understanding Self Advocacy
• Self Advocacy Strategies for All Ages (Use for Parent-Home Connector)
• YOU Scale for Parents (Use for Parent-Home Connector)

Lesson B - Applying Self-Advocacy Skills
• The “Sandwich” Approach to SA Skills
• My Improvement Plan
• Role Plays I for SA Skills Application
• Role Plays II for SA Skills Application
• Self Advocacy Skills for Job Interviews

Lesson C - 3 Kinds of Communication: Assertive, Aggressive, And Passive
• Assertiveness Inventory
• Assertiveness-What Is It?
• Three Behavior Styles- Which Are You?
• How To Assert Yourself
• Owning Assertive Behavior
• Assertive Practice

Lesson D - What’s the Law: What Are Your Rights?
• The Law- IDEA Overview and 2004 Highlights of IDEA
• The Law (TI,PI)
• My Rights & Responsibilities
• FACT Sheet- Section 504

Lesson E - Managing My IEP Meeting Myself
• Pre and Post Test- I’m Determined
• Power Point: Social Skills for IEP Involvement
• What Is Self-Determination?
• Self Determination Checklist- Student Self Assessment
• Self-Determined IEP: Get Ready! Get Set! Now GO!!!
• Important Things in My IE