

Name _____

Date _____

Have the ME and YOU Scales available for students to review. After reviewing, place them side-by-side. Students are asked to **circle the items that they would like to have a DIFFERENT answer than the one written** on either the ME or the YOU! Scale.

Students: Take a few minutes to look at the items you circled on the ME! And YOU! Scales. You should have circled three items. Write the number, those three items and the scale they came from below. Here is an **EXAMPLE** of how to do this:

1. YOU! Scale – for number 5 my mom answered that I do not know my IEP goals
2. YOU! Scale – for number 9 my mom answered that she is not sure about my future.
3. ME! Scale - I can only think of one thing I am good at while I am at school

Now you do it!

1. _____
2. _____
3. _____

Teacher then gives time and opportunity to discuss the items students chose, and why they want different answers for those items. Teachers and Students: Brainstorm ways you can include your parents, friends, family and school to help you improve on the items you listed above. You can make a list, a web, an outline or any other brainstorming method that works best for you.

Encourage students to consider who, what, when, why, and how while brainstorming their improvement plan for each item they listed above.