

Career Exploration – 10 Websites: Resource List

Directions

Note: Teachers may wish to choose one site for each class period for exploration, after checking which might be the most suitable for your group and your lesson planning goals for the day. Also, exploration of these websites and individual student careers, can be tied in with the several student worksheets entitled, Career Explorations on Web and SITES; Career Online Exploratory Notes; Career Likes and Dislikes, Would I Like This Work? and Career Research Questionnaire.

Recommended Sites:

1. <http://www.mypathcareers.org> First of its kind Oregon website – where teen and 20+ Oregonians can explore careers, connect to education and training, and learn about job opportunities. The site is loaded with information about how to get started. It's also a comprehensive and integrated site that connects directly with staff, education and workforce development partners
2. www.breitlinks.com/INDEX.HTM A collection of links for all levels of students. An example of one is self-understanding (learning styles focus); goal setting is another. The link on career exploration may be helpful in your classroom.
3. <http://www.bls.gov/oco/> Here is found the Occupational Outlook Handbook, 2010-11 Edition.
4. <http://www.onetcenter.org/usingOnet.html> Provides occupational information, as well as exploratory options in the following categories: skills, interests, work styles, work context, experience and training, and generalized work activities. Podcasts available at <http://online.onetcenter.org>
5. <http://www.careerinfonet.org/occ> A very complete website with the following topics: career videos, occupation profiles, education options/requirements, salary information, labor market information by state, resume/interview ideas. Linked to CareerOneStop site (below)
6. www.CareerOneStop.org The site is sponsored by the U.S. Department of Labor, Employment and Training Administration. There is a student section for career exploration and there is a skills profile which could be used, although it is long and rather sophisticated. There are many career exploration opportunities here for students, given a structured set of questions or worksheet to complete while they are visiting the site, due to the large amount of information presented.
8. www.iseek.org This is a student and teacher friendly site! Even though it focuses on jobs in Minnesota, the site has some very fine assessment tools to help students develop a path toward career exploration. There are
9. www.careerkids.com Resources for career guidance, resume help, life skills and kid jobs. The best piece is the resume questionnaire. If the students complete it, it makes a very nice first resume. A great class assignment...
10. <http://oregoncis.uoregon.edu> The site has many excellent career exploration resources, but can only be accessed if the school site has a license, and/or password for student use.