

Self-Assessment: Hopes & Dreams

Directions: Read the following and discuss the meaning of each quote.

You can be what you want to be, and do anything you set out to accomplish if you hold to that desire with singleness of purpose. - Abraham Lincoln

Learn to self-conquest, persevere thus for a time, and you will perceive very clearly the advantage which you gain from it. - St. Teresa of Avila

No one is in control of your happiness but you; therefore, you have the power to change anything about yourself or your life that you want to change. - Barbara De Angelis

Cherish your visions and your dreams as they are the children of your soul; the blue prints of your ultimate accomplishments. - Napoleon Hill

In every person who comes near you look for what is good and strong, honor that; try to imitate it, and your faults will drop off like dead leaves when their time comes. - John Ruskin

There are two educations. One should teach us how to make a living and the other how to live. - John Adams

No one will improve your lot if you yourself do not. - Bertolt Brecht

"When meditation is mastered, the mind is unwavering like the flame of a lamp in a windless place." - Bhagavad Gita

I can give you a six-word formula for success: Think things through..then follow through. - Captain Edward V. Rickenbacker

You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. - Eleanor Roosevelt

The more people have studied different methods of bringing up children the more they have come to the conclusion that what good mothers and fathers instinctively feel like doing is best after all. - Benjamin Spock

People are eternally divided into two classes, the believer, builder, and praiser, and the unbeliever, destroyer and critic. - John Ruskin

To be capable of steady friendship or lasting love, are the two greatest proofs, not only of goodness of heart, but of strength of mind. - Unknown