

Everybody Works Worksheet

Discuss the following statement: “You are a worker.”

How can that statement apply to you as a student?

Are you really a worker?

Think of yourself as a worker. Although you *may* not have a paid job, think about how you are a “worker” in many of your daily routine tasks. Are you a student? Do you take care of your brothers or sisters? (childcare) Do you teach your siblings or friends new things? (teacher) Do you get things like music, videos, or clothing? (collector) Do you regularly practice a musical instrument? (musician) Do you regularly cook meals for yourself or others? (cook) Do you regularly do household chores for your family, or for others? Think about your typical “work day” and the tasks that you complete. In the space below, create a list of tasks that you do that make you a worker.

What do you accomplish at the end of the day? List them below.

Put a star by the accomplishment that gives you the greatest satisfaction--what are you most proud of? Write a few sentences or a paragraph about *why* you are proud of this particular accomplishment.

How does that task or accomplishment make you feel about yourself?

Why do you think doing this activity makes you feel this way?