A-C. Effective Communication Skills

Learning Objectives

Students will:
  • Display feelings in appropriate manner
  • Demonstrate behaviors consistent with being a good listener
  • Understand keys to effective communication
  • Practice good communication skills with increased clarity and consistency
  • Develop feedback skills
  • Build team and cooperative learning skills
  • Describe attributes of a hearing person and a listening person

D. Non-Verbal Skills

Students will:
  • Develop awareness of body language for communicating subtle meaning: gestures, posture, and facial expressions
  • Recognize the importance of non-verbal language in understanding and communicating with others

E. Accepting Constructive Criticism

Students will:
  • Learn how to accept criticism through interviewing and presentation skills
  • Use the “hamburger” approach when giving constructive criticism

F, G. Problem-Solving

Students will:
  • Understand that problems can be opportunities
  • List several ways to handle a problem
  • Be familiar with steps of problem-solving
  • Describe how stress and problems are relate
  • Practice team-building and cooperation to solve problems
  • Understand advantages of solving problems according to steps
H. Conflict Resolution

Students will:
• Understand the influence of family, peers, culture and media on personal behaviors
• Demonstrate ability to advocate for personal well-being
• Describe ways to manage personal anger
• Identify ways to communicate negative feelings
• Handle problems in a constructive manner
• List 3 ways to respond to conflict
• Identify personal style of resolving conflict

I. Friendship

Students will:
• Explore attributes and attitudes which make for lasting friendships
• Reflect on what peers most value as friendship attributes/qualities
• Explain responsibilities and benefits of friendship
• Describe how friends can help or hurt one another

J. Simulation Activity: Island Survival

Students will:
• Understand options for meeting basic human needs
• Know how to develop a plan for survival
• Work cooperatively with classmates to solve real-life problems related to survival