

A-C. Effective Communication Skills

Learning Objectives

Students will:

- Display feelings in appropriate manner
- Demonstrate behaviors consistent with being a good listener
- Understand keys to effective communication
- Practice good communication skills with increased clarity and consistency
- Develop feedback skills
- Build team and cooperative learning skills
- Describe attributes of a hearing person and a listening person

D. Non-Verbal Skills

Students will:

- Develop awareness of body language for communicating subtle meaning: gestures, posture, and facial expressions
- Recognize the importance of non-verbal language in understanding and communicating with others

E. Accepting Constructive Criticism

Students will:

- Learn how to accept criticism through interviewing and presentation skills
- Use the “hamburger” approach when giving constructive criticism

F, G. Problem-Solving

Students will:

- Understand that problems can be opportunities
- List several ways to handle a problem
- Be familiar with steps of problem-solving
- Describe how stress and problems are relate
- Practice team-building and cooperation to solve problems
- Understand advantages of solving problems according to steps

H. Conflict Resolution

Students will:

- Understand the influence of family, peers, culture and media on personal behaviors
- Demonstrate ability to advocate for personal well-being
- Describe ways to manage personal anger
- Identify ways to communicate negative feelings
- Handle problems in a constructive manner
- List 3 ways to respond to conflict
- Identify personal style of resolving conflict

I. Friendship

Students will:

- Explore attributes and attitudes which make for lasting friendships
- Reflect on what peers most value as friendship attributes/qualities
- Explain responsibilities and benefits of friendship
- Describe how friends can help or hurt one another

J. Simulation Activity: Island Survival

Students will:

- Understand options for meeting basic human needs
- Know how to develop a plan for survival
- Work cooperatively with classmates to solve real-life problems related to survival