

Problem Solving “I Feel Sick”

Directions

Name _____

On a school morning, imagine that you wake up and feel sick. You have an important test in Social Studies class that you are prepared for. Read through the list of alternatives below. Cross out (on the number) any that would not work, and write on the line WHY it wouldn't work for you.

1. Have your mom call you in sick to the attendance office. _____
2. Go to school anyway, forget about how you feel. _____
3. Call a doctor for an appointment today. _____
4. Go to the hospital emergency room. _____
5. Take some aspirin and see how you feel. _____
6. Take a hot bath and just sweat it out. _____
7. Go to school late today. _____
8. Go to school, then go to the school nurse office. _____
9. Pray to feel better. _____
10. Ask your mom what to do. _____
11. Blame your sister for getting the flu first. _____
12. Now list the option that will work best from above, write it here, and tell why it is your best solution to this problem.