

Student:

Date:

ME! Scale – Please complete carefully and follow your teacher’s instructions when you are done.

1. I know that I am in special education.
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No
2. I have a disability.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
3. I have an IEP.
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No
4. I have IEP goals.
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No
5. I know my IEP goals.
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No
6. I (or my parents) have a copy of my IEP.
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No

7. I know what accommodations are.
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No

8. I can tell my teachers about accommodations I need in class.
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No

9. I feel good about my future
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No

10. People with disabilities go to college.
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No

11. I can talk about my post-school goals and dreams.
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No

12. I can explain to others how my disability impacts my schoolwork.
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No

13. I am comfortable telling others about my disability.
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No

14. People with disabilities get good jobs after high school.
 - a. Yes
 - b. I think so
 - c. Not sure
 - d. No

15. List three things you are good at when you are at school.

a.

b.

c.

16. List three things you need help with when you are at school.

a.

b.

c.

17. List three things you are good at when you are somewhere other than school.

a.

b.

c.

18. List three things you need help with when you are somewhere other than school.

a.

b.

c.

19. The most important thing in my life is: