

# Reviewing my Self - Awareness

Name:

Date:

*Please answer the questions below. Remember, there are no wrong answers.*

Self-Awareness means:

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Reflecting on my own Self-Awareness:

A. Some things I do well:

B. Some things I need to work on improving:

C. Things I enjoy doing and why I like these things:

D. Things I **dislike** doing and why I don't like these things:

E. What is really important to me and why: