

Career Options – Dream Jobs & Setting Goals

Directions

Name _____ Date _____

Someday you will spend more time at work than anyplace else in your life! Having an enjoyable work life takes some time, effort, and planning by you. But having fun at the start is how to get to your real goals. Let's dream!

My dream job in ten years: _____

How much money will I need per month to live the ideal life? _____

My dream car or cars which I would like to own _____

My dream house size, design, location _____

My dream travel destinations _____

Another important dream possession I will have _____

Be sure to complete the REALITY CHECK before moving on. REALITY CHECK is found at www.iseek.org/careers/realitytool.html

I. Make a Career Plan. My long term career goal: _____

To reach this career goal, I will do these activities. (Action, short-term activities)

- ✓ **Learn more.** Within 1 month, I will talk to 2 people in this career for some ideas on activities that I could experience to prepare for this career.
- ✓ **Develop related skills.** Identify the main skills needed for this career. Within 6 months, develop two skills:
1) _____
2) _____
- ✓ **Practice skills.** Work or volunteer in this field. _____
- ✓ **Get experience.** Within 6 months, ask for a small project that I can manage myself.
- ✓ **Get education and training.** Choose courses, work experiences, job shadows which will help me reach my long-term goals.

II. Follow Your Career Plan.

- **How do you make your long-term career goal real?**
 - Look for careers that match your interests
 - Look at lists of in-demand careers, or with projected growth
 - Set time frames for completing your career goal. Adjust if needed.
 - Make sure all your activities are specific and achievable
 - Make it all happen with your time, energy, and commitment

- **For each step forward in your plan, reward yourself! The reward will be:** _____

- **Who will be your support system and helpers?** _____

- **Review and update your career plan**
 - Roadblocks can happen. You might even change your mind about this career path. It is OK!
 - Change your activities if they are not working
 - Find a different path to achieve your goals

- **Do you need to make adjustments? Did you know: “The world of work changes quickly, and so can you.”**

Adapted from: www.iseek.org/careers